

# Registration Form

Dharma Inquiry - An Insight Meditation Retreat

26 Jan – 2 Feb, 2019 at Sangsurya Retreat Centre

## Section 1:

### Personal Details:

Name:		Gender:	Age:
Address:			Post Code:
Email:			
Phone:	Mobile:	Home:	

### Contact person in case of emergency during the retreat:

Name	Relationship	Phone contact

### Personal Requirements:

Dietary	Vegan - <input type="checkbox"/>	Gluten free - <input type="checkbox"/>	Dairy Free - <input type="checkbox"/>
Accommodation	Shared Room <input type="checkbox"/>	Single Room <input type="checkbox"/> Please note that these are limited and are on a first come, first served basis.	Camping <input type="checkbox"/> A limited number of tent and van sites are available, on a first come first served basis

The cost of this event is: \$750 shared accommodation, \$850 single room (limited availability), \$500 camping (limited available). We would appreciate full payment on application if possible. If this is a problem, you can make a \$150 deposit to secure your place. Full payment is required two weeks prior to the retreat.

### There are two options for payment:

- (1) Electronic Funds Transfer (EFT) to:  
Bananacoast Community Credit Union BSB Number: 533000  
Account Name: Tallowwood Sangha.  
Account Number: 179921 (BCU members please use Credit External option)  
Please use '**JANUARY**' plus your name as reference application and payment.
- (2) Deposit cash or cheque to the Tallowwood account in any Bananacoast Credit Union branch, using account details as above. You can also do an inter-bank transfer, using the same details.

**Please note: Full payment is required 2 weeks prior to retreat.**

**Tallowwood Sangha can offer financial assistance for those under 25 and for those in financial difficulty.**

Would you like more information about financial assistance? Yes



**Current Issues that may make meditation difficult for you at this time:**

<b>Physical</b>	
<b>Mental / Emotional</b>	
<b>Spiritual</b>	

Many meditators are on a healing journey. On meditation retreats individuals may experience strong physical and psychological states. Please answer all the following questions so we can care for you appropriately.

<b>Do you have any current or previous:</b>	<b>Yes/No</b>	<b>Past</b>	<b>Current</b>
Drug (including alcohol) abuse or addiction issues			
Diagnosis or treatment of a mental illness (psychological or psychiatric)			
Medical conditions that could require attention during the retreat			

<b>If you answered "Yes" above please give further information about your conditions:</b>	<b>Yes</b>	<b>No</b>
Are your symptoms currently well controlled?		
Do you currently drink alcohol on a regular basis?		
If so, have you ever had any problems abruptly stopping alcohol usage?		
Do you currently use recreational drugs (e.g. marijuana, amphetamine, ecstasy)?		
If so, are you able to abstain from all recreational drugs during your retreat?		
Any condition that might interfere with sitting and walking meditation?		
Any limitations that prevent you from participating in the daily work period?		
Have you ever made a serious attempt at taking your life?		
Do you have a history of emotional instability during intensive meditation retreats?		
<i>* How do you assess your current ability to work with emotional swings?</i>		

**If you are taking any prescription medications for physical or psychological conditions please list each medication and daily dosage, as well as the condition it is being used to treat below:**

<b>Condition</b>	<b>Current Effect on Daily Life</b>	<b>Treatment Including medications.</b>	<b>Hospital admissions</b>	<b>Current Doctors or Therapists Name &amp; address</b>

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By printing/signing my name below, I confirm that the above information is correct.  
I will inform the teachers/managers of any change in my circumstances.

Name or Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***Don't forget to print out the 'Retreat Information' form for full details.***